



Manufacturers of
Hypo-allergenic
Nutritional
Supplements



ProstaFlo™

What Is It?

ProstaFlo™ contains a flower pollen extract called Cernitin™, providing a highly concentrated, 20:1 combination of water soluble to fat soluble flower pollen extracts from the Gramineae family.

Uses For ProstaFlo

Support For Urinary And Prostate Health: A number of clinical trials have reported that Cernitin is supportive of prostate health. Additionally, one multiple-center, double-blind study and a separate clinical evaluation of long-term consumption indicated that Cernitin flower pollen extract supported urinary flow with excellent tolerability in male subjects. An animal study indicated that the water-soluble fraction referred to as fraction T60™ in studies, and the fat-soluble fraction, referred to as fraction GBX™ in some studies, play a synergistic role in modulating urethra smooth muscle function. The fat-soluble constituents promote proper leukotriene and prostaglandin production in vitro. Furthermore, flower pollen extract provides a healthful spectrum of nutrients, including vitamins, minerals, carotenoids, flavonoids, nucleic acids and enzymes for optimal synergy.*

What Is The Source?

Cernitin flower pollen extract (*Secale cereale L.*) is derived from a combination of corn, timothy and rye. The pollen is harvested directly from selected plants, and the allergenic outer husk is removed. Cernitin™ is manufactured by Graminex/AB Cernelle.

Recommendations

Pure Encapsulations recommends 3-5 capsules per day, in divided doses, with meals.

Are There Any Potential Side Effects Or Precautions?

If pregnant or lactating, consult your physician before taking this product. The pollen extracts used in this product are harvested directly from the selected plants and the allergenic outer husk is removed. While the risk of allergenicity is low, individuals with a sensitivity to pollen may still want to be cautious.

Are There Any Potential Drug Interactions?

At this time, there are no known adverse reactions when taken in conjunction with medications.


References:

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4. Buck AC, Cox R, Rees RW, Ebeling L, John A. Treatment of outflow tract obstruction due to benign prostatic hyperplasia with the pollen extract, cernilton. A double-blind, placebo-controlled study. *Br J Urol* 1990 Oct;66(4):398-404.
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8. Habib FK, Ross M, Buck AC, Ebeling L, Lewenstein A. In vitro evaluation
of the pollen extract, cernitin T-60, in the regulation of prostate cell growth.
Br J Urol 1990 Oct;66(4):393-7.
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ProstaFlo™

each vegetable capsule contains 
flower pollen extract (Secale cereale L.)..... 320 mg. (containing water and fat soluble fractions in a 20:1 ratio)
3-5 capsules per day, in divided doses, with meals.